

Back to school

Menus for August/September 2022



Newport News Public Schools New Horizon Menu

This institution is an equal opportunity provider. Menus are subject to change.

AVAILABLE DAILY

- Yogurt, String Cheese & Cheeze-its
- PB&J Sandwiches
- Fresh Fruit-Apple Slices
- Cut up Fruit-Juice
- Baby Carrots-Garden Salad
- *Menu item contains pork

YOU'RE STILL GOOD™



ALL STUDENTS EAT ALL MEALS @ NO COST AGAIN THIS YEAR

NEWPORT NEWS PUBLIC SCHOOLS
CHILD NUTRITION SERVICES

Monday, August 29

Breakfast

Appleway Bar
Fruit-Juice-Milk

Lunch

Hot Honey Sliders
Pizza Quesadilla
Choose 2: Potatoes Au Gratin
Green Beans
Choose 2: Applesauce Cup,
Fresh Fruit
Milk

Tuesday, August 30

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Uno Pizza*
Chicken Nuggets w/Roll
Choose 2: Corn, Spinach
Choose 2: Pineapple Cup,
Fresh Fruit
Milk

Wednesday, August 31

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Crispy Chicken Patty on Bun
Jalapeno Mozzarella Bites
Choose 2: Fiesta Black Beans,
Potatoes
Choose 2: Mixed Fruit Cup,
Fresh Fruit
Milk

Thursday, September 1

Breakfast

Zee Zee's Smore
Breakfast Bar
Fruit-Juice-Milk

Lunch

Cheese Stuffed Bread Sticks
Chicken Quesadilla
Choose 2: Broccoli,
Cherry Tomatoes
Choose 2: Peach Cup,
Fresh Fruit
Milk

Friday, September 2

SCHOOLS CLOSED



**NO SCHOOL
MONDAY,
SEPTEMBER 5**

Tuesday, September 6

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Pizza Calzone
Corn dog Nuggets
Choose 2: Corn,
Mashed Potatoes w/Gravy
Choose 2: Strawberry Cup,
Fresh Fruit
Milk

Wednesday, Sept. 7

Breakfast

Cinnamon Crisp
Fruit-Juice— Milk

Lunch

Bacon Cheeseburger*
Catfish Strips w/Roll
Choose 2: Pizza Green Beans,
Baked Beans
Choose 2: Applesauce Cup
Fresh Fruit
Milk

Thursday, September 8

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Beef/Cheese Taco
Spicy Chicken Patty on Bun
Choose 2: Tater Tots,
Collard Greens
Choose 2: Spiced Apples,
Fresh Fruit
Milk

Friday, September 9

Breakfast

Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch

Chicken Parmesan w/Roll
Individual Pizza Pie
Choose 2: Steamed Cabbage,
French Fries
Choose 2: Pineapple Cup,
Fresh Fruit
Milk

AVAILABLE DAILY

SALAD OF THE DAY

**Monday-Chef's Salad*
With Garlic Knot**

**Tuesday-Country Chicken Salad
With Crackers**

**Wednesday -Southwestern
Chicken Salad with
Corn Bread Muffin**

**Thursday-BLT Salad*
With Garlic Stick**

**Friday-Taco Salad Shaker Cup
With Tostito Bag**

Monday, September 12

Breakfast

Appleway Bar
Fruit-Juice-Milk

Lunch

Buffalo Chicken Salad
Meatball Sub
Choose 2: Green Peas
Sweet Potato Waffle Fries
Choose 2: Mixed Fruit Cup,
Fresh Fruit
Milk

Tuesday, September 13

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Teriyaki Chicken Bowl w/Roll
Spicy Chicken Patty on Bun
Choose 2: Corn, Broccoli
Choose 2: Peach Cup,
Fresh Fruit
Milk

Wednesday, Sept. 14

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Nachos w/Roll
Uno Pizza*
Choose 2: Refried Beans,
Roasted Carrot Sticks
Choose 2: Pear Cup,
Fresh Fruit
Milk

Thursday, September 15

Breakfast

Zee Zee's Smore
Breakfast Bar
Fruit-Juice-Milk

Lunch

Breaded Chicken Leg
w/Corn Bread Muffin
Beef Hot Dog on Bun
Choose 2: Baked Beans
Mashed Potatoes w/Gravy
Choose 2: Fresh Fruit,
Mandarin Orange Cup

Friday, September 16

Breakfast

Mini Cinni
Fruit-Juice-Milk

Lunch

Crispy Chicken Patty on Bun
Garlic French Bread
Choose 2: French Fries,
Mixed Vegetables
Choose 2: Strawberry Cup,
Fresh Fruit
Milk

Monday, September 19

Breakfast

Banana Bread
Fruit-Juice-Milk

Lunch

Hot Honey Sliders
Pizza Quesadilla
Choose 2: Potatoes Au Gratin
Green Beans
Choose 2: Applesauce Cup,
Fresh Fruit
Milk

Tuesday, September 20

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Uno Pizza*
Chicken Nuggets w/Roll
Choose 2: Corn, Spinach
Choose 2: Pineapple Cup,
Fresh Fruit
Milk

Wednesday, Sept. 21

Breakfast

Cinnamon Crisp
Fruit-Juice-Milk

Lunch

Crispy Chicken Patty on Bun
Jalapeno Mozzarella Bites
Choose 2: Fiesta Black Beans,
Butternut Mashed Potatoes
Choose 2: Mixed Fruit Cup,
Fresh Fruit
Milk

Thursday, September 22

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Cheese Stuffed Bread Sticks
Chicken Quesadilla
Choose 2: Broccoli,
Cherry Tomatoes
Choose 2: Peach Cup,
Fresh Fruit
Milk

Friday, September 23

Breakfast

Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch

Bar-B-Que on Bun*
Chicken & Waffles
Choose 2: Cole Slaw,
French Fries
Choose 2: Pear Cup,
Fresh Fruit
Milk

Monday, September 26

Breakfast

Appleway Bar
Fruit-Juice-Milk

Lunch

Meat Lovers Pizza*
Fiesta Hot Pocket
Choose 2: Broccoli
Sweet Potatoes
Choose 2: Mandarin Oranges,
Fresh Fruit
Milk

Tuesday, September 27

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Pizza Calzone
Corndog Nuggets
Choose 2: Corn,
Mashed Potatoes w/Gravy
Choose 2: Strawberry Cup,
Fresh Fruit
Milk

Wednesday, Sept. 28

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Bacon Cheeseburger*
Catfish Strips w/Roll
Choose 2: Pizza Green Beans,
Baked Beans
Choose 2: Applesauce Cup,
Fresh Fruit
Milk

Thursday, September 29

Breakfast

Zee Zee's Smore
Breakfast Bar
Fruit-Juice-Milk

Lunch

Beef/Cheese Taco
Spicy Chicken Patty on Bun
Choose 2: Tater Tots,
Collard Greens
Choose 2: Spiced Apples,
Fresh Fruit
Milk

Friday, September 30

Breakfast

Mini Cinni
Fruit-Juice-Milk

Lunch

Chicken Parmesan w/Roll
Individual Pizza Pie
Choose 2: French Fries,
Mixed Vegetables,
Choose 2: Strawberry Cup,
Fresh Fruit
Milk