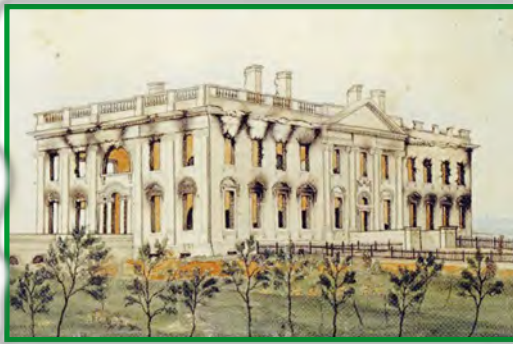


Newport News Public Schools
Elementary School Menu

MENUS FOR MARCH 2024

This institution is an equal
opportunity provider
and employer.

OUR NATION'S HISTORY



During the month that we celebrate St. Patrick's Day, it's interesting to note that an Irish-born architect (James Hoban) designed and oversaw the building of the White House in Washington, D.C. -- not just once, but twice! Hoban first built the original White House in the 1790's, and he then rebuilt it after the British burned out the building during the War of 1812, as pictured here.

WITH LIBERTY & JUSTICE FOR ALL

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

NEWPORT NEWS CHILD NUTRITION SERVICES

AVAILABLE DAILY

PB&J-Sliced Apples

Cut-up Fresh Fruit

Baby Carrots

Yogurt w/String Cheese w/Cheez-its

1% White, Low-fat Flavored and Skim Milk

**Menu item may contain pork*

Friday, March 1

Breakfast

Smoothie w/Muffin

Fruit-Milk

Lunch

Chicken Patty on Bun
Teriyaki Chicken Bowl
w/Fried Rice
Wild Mike's Cheesy Bites

Choose Two:

French Fries

Broccoli

Choose Two:

Pear Cup

SWEET TOOTH

The Honey Badger of Africa and Asia is really closer to a weasel than a true badger, but one thing about its name is definitely true: the honey badger loves honey and will avidly seek out beehives to get at it. Of course, the honey badger will also eat pretty much anything it finds -- rodents, frogs, snakes, insects, turtles, birds, lizards, eggs, vegetables, and whatever else it comes across. They've even been known to chase away young lions and steal their kills. Guess the honey badger really doesn't care!

Monday, March 4

Breakfast

Banana Bread
Fruit-Juice-Milk

Lunch

Hamburger/Cheeseburger
On Bun
Pizza Calzone
Turkey & Cheese Anytimer

Choose Two:

Green Peas
Fiesta Beans

Choose One:

Mandarin Orange Cup

Tuesday, March 5

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Veg. Chili w/Scoops
Fiestada Pizza
Pretzel Dog

Choose Two:

Collard Greens
Cherry Tomatoes

Choose One:

Mixed Berry Cup

Wednesday, March 6

Breakfast

Bacon Breakfast Pocket*
Fruit-Juice-Milk

Lunch

Spaghetti w/Meat Sauce
Turkey BBQ on Bun
Yogurt Parfait

Choose Two:

Green Beans
Cole Slaw

Choose One:

Applesauce Cup

Thursday, March 7

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Breakfast for Lunch*
w/Apple Cinnamon
Texas Toast
Fiesta Hot Pockets
Chicken Salad Croissant

Choose Two:

Garden Salad, Hash Browns

Choose One:

Spiced Apples

Friday, March 8

Schools Closed

Teacher
Planning
Day



Monday, March 11

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Chicken Chunks over Rice
Beef & Cheese Soft Taco
Beef Sliders

Choose Two:

Fiesta Beans
Mixed Vegetables

Choose One:

Zee Zee Raisins

Tuesday, March 12

Breakfast

Sausage & Cheese Waffle*
Fruit-Juice-Milk

Lunch

Buffalo Chicken Melt
Pizza Quesadilla
Turkey, Ham & Cheese
Sub/Wrap*

Choose Two:

Au gratin Potatoes
Green Beans

Choose One:

Peach Cup

Wednesday, March 13

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Garlic French Bread
Meatball Sub
Yogurt Parfait

Choose Two:

Corn
Tomato Soup

Choose One:

Pear Cup

Thursday, March 14

Breakfast

Zee Zee's Smore Bar
Fruit-Juice-Milk

Lunch

Corndog Nuggets
Baked Potato w/Taco Meat
w/Cheese & Roll
Chicken Salad Croissant

Choose Two:

Broccoli
Baked Beans

Choose One:

Mandarin Orange Cup

Friday, March 15

Breakfast

Smoothie w/Muffin
Fruit-Milk

Lunch

Pizza Crunchers
Popcorn Chicken
Steak & Cheese Sub

Choose Two:

Cucumber Coins
Emoticon Potatoes

Choose One:

Mixed Berry Cup



**What did the
Teddy Bear
say when
he was
offered
dessert?**



“No, thanks. I’m stuffed!” Actually, that’s not a bad answer for a real kid, too. Foods that are mainly sugar, fat, or oil -- like candy and desserts -- are fine in small portions and once in awhile. But they should not replace healthy foods in your diet and they should not be an every day choice!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, March 18

Breakfast

Banana Bread
Fruit-Juice-Milk

Lunch

Galaxy Pizza
Chicken Fajita
Turkey & Cheese Anytimer

Choose Two:

Sweet Potato Waffle Fries
Corn

Choose One:

Applesauce Cup

Tuesday, March 19

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Mozzarella Sticks
Beef Hot Dog
Turkey, Ham & Cheese
Sub/Wrap

Choose Two:

Green Beans
Baked Beans

Choose One:

Pineapple Cup

Wednesday, March 20

Breakfast

Bacon Breakfast Pocket*
Fruit-Juice-Milk

Lunch

Macaroni & Cheese
w/Fish Sticks
Chicken & Waffles
Yogurt Parfait

Choose Two:

Roasted Butternut Squash
Spinach

Choose One:

Mixed Fruit Cup

Thursday, March 21

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Nachos w/Chili and
Cheese & Roll
Chicken Nuggets
Stromboli*

Choose Two:

Steamed Cabbage
Garden Salad

Choose One:

Peach Cup

Friday, March 22

Breakfast

Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch

Chicken Patty on Bun
Teriyaki Chicken Bowl
w/Fried Rice
Wild Mike's Cheesy

Choose Two:

French Fries
Broccoli

Choose One:

Pear Cup

Monday, March 25

Breakfast

Breakfast Break
Fruit-juice-Milk

Lunch

Hamburger/Cheeseburger
On Bun
Pizza Calzone
Turkey & Cheese Anytimer

Choose Two:

Green Peas
Fiesta Beans

Choose one:

Mandarin Orange Cup

Tuesday, March 26

Breakfast

Sausage & Cheese Waffle*
Fruit-Juice-Milk

Lunch

Veg. Chili w/Scoops
Fiestada Pizza
Pretzel Dog

Choose Two:

Collard Greens
Cherry Tomatoes

Choose One:

Mixed Berry Cup

Wednesday, March 27

Breakfast

Waffle Envy
Fruit-Juice-Milk

Lunch

Spaghetti w/Meat Sauce
Turkey BBQ on Bun
Yogurt Parfait

Choose Two:

Green Beans
Cole Slaw

Choose One:

Applesauce Cup

Thursday, March 28

Breakfast

Zee Zee's Smore Bar
Fruit-Juice-Milk

Lunch

Breakfast for Lunch*
w/Apple Cinnamon
Texas Toast
Fiesta Hot Pockets

Choose Two:

Garden Salad, Hash Browns

Choose One:

Spiced Apples

Friday, March 29

Breakfast

Smoothie w/Muffin
Fruit-Milk

Lunch

Grab and Go

